

MS and US PE Students & Parents:

Students in PE classes will be required to wear the following:

- Light grey TMG North Hills PE shirts (last years are acceptable)
- **All previous gold or dark grey PE shirts will not be acceptable**
- Cotton forest green TMG shorts or any forest green mesh shorts (shorts must be at least mid-thigh length)
- Cross training or running shoes

No casual sport shoes or black sole street shoes-All students must wear socks!

For the winter months:

- North Hills logo sweatshirts or solid forest green sweatshirt
 - North Hills logo forest green sweats or solid forest green or black sweats.
- No yoga style pants are allowed!**

If you have any questions regarding your child's PE uniform please email Annette Enright at amoreno@uplifeducation.org.